



Lights Out Hoops Player Expectations

ACCOUNTABILITY

All players are held accountable for not only themselves and their behavior, but for all equipment that belongs to Lights Out. The way each player carries her/himself is a direct reflection on the club that she/he is a part of. Disrespect, unsportsmanlike conduct, poor representation of the club, etc. will be handled by a coach or team representative.

All equipment brought to practices and games is the property of Lights Out Hoops (balls, first aid kits, dry-erase boards, etc.). It is the responsibility of all players to make sure that no equipment gets left behind.

COMMUNICATION

Lights Out Hoops cannot be a highly functioning club without an open line of communication from all parts. It is one of the goals of the club to teach players how to communicate on and off the court. We ask that coaches be contacted by players in the event that a player is going to arrive late to a practice or game.

ENDURANCE

All Lights Out players are expected to be conditioned for a fast paced, high energy game. Players that are unable to keep up with pressing situations as well as full court denial, will miss out on valuable playing time. Lights Out Hoops offers additional opportunities and training sessions strictly of conditioning.

GRADES

Periodic grade checks are in place, and each player will be responsible for turning in their latest report card when it arrives. All players are expected to maintain a GPA of 2.0 or higher. Failure to maintain at least a 2.0 GPA will result in suspension until parent approval, written improvement from the teacher, and/or the next grading period. Special recognition will be awarded to players that are able to maintain a 3.5 GPA or higher, on the Lights Out Hoops website and banquet.

GUARANTIES

There are no guaranties in life or in club basketball. Playing time is not guaranteed, it's earned. No player will be kept on a team in which they are not contributing (talent, size, hustle, team spirit, effort, etc...)

RELENTLESS

Lights Out Hoops hopes to instill an attitude of relentless determination demonstrated by all players. You only get what you give.

RESPECT

Lights Out Hoops takes pride in representing a team that is respectful to all players, officials, coaches, fans, and property. As competitors we must respect a worthy opponent and appreciate the role that opposing coaches, officials, fans, etc. take in making basketball such a great experience. We ask that all players refrain from negative talk about any above mentioned participants (coaches, officials, fans, opponents, etc.) as well as negative talk about your own coach or teammates. Disrespect by a player of any of the above mentioned participants will be handled by the coach or team representative.

Win or lose, all players are to shake the hands of the opposing coaches and all opponents after any contest.

PUNCTUALITY

All players are to arrive to games at least 30 minutes prior to game time and at least 5-10 minutes before practice starts. It is important that players arrive early so that they are properly stretched, focused, and mentally prepared to play. In the event that a player is either going to arrive late, or is unable to attend, the coach must be contacted before the practice or game.

PREPARATION

In order to maximize a team's/ player's success (improvement, offensive/defensive execution, timing, chemistry, etc.) practices are offered 1-2 times a week. While skills clinics are optional, we encourage all players take advantage of valuable learning experiences. By not attending practices, you are not only limiting yourself, but your potential playing time as well. Physically being at practice does not necessarily equal improvement. Come to practice prepared to learn and improve.

Preparation takes place not only before games, or at practice, it takes place on your own time. Players that want to improve will take elements they have learned in practice and work on them on their own time.

By signing this document I pledge to honor the above mentioned Player Expectations.

Player Name

Player Signature

Date